



MT ANNE CIRCUIT | 5 DAYS

INCLUDING THE HIGHEST PEAK IN TASMANIA'S REMOTE SOUTH WEST CORNER – THE MT ANNE CIRCUIT TREK EVOKES SCENES OUT OF A LOST WORLD. SHEER JURASSIC AGE CLIFFS, HIGH PEAKS AND ANCIENT GONDWANAN FLORA COMBINE TO OFFER AN UNPARALLELED TREKKING ADVENTURE.

Our 5 day Mt Anne Circuit Walking Tour takes us on a challenging alpine traverse including the highlight of climbing south west Tasmania's highest peak, Mt Anne (1,423m). We complete an exhilarating circuit walk in some of the largest and most spectacular mountain landscape found in Australia. Our trek covers varying alpine terrain and is, like most Tasmanian alpine walks, at the whim of the changeable weather. We allow 5 days to complete this adventure in order to give our small group the best chance of completion, including stunning side trip options. This is a technically difficult trek with tricky scrambling in steep terrain. The walk is for experienced trekkers who are comfortable with heights and want a challenge facilitated by some of Tasmania's most expert trekking guides.

WHAT'S INCLUDED

- 2 professional wilderness guides.
- 4 nights camping.
- 4 breakfasts, 5 lunches & 4 dinners.
- All delicious snacks on the trail.
- Transport to and from Hobart.
- Twin share tent and sleeping mat.
- National Park fees.
- Group camping equipment including all cooking & eating equipment.
- Emergency communications & group first aid kit.

TREK GRADING : ULTIMATE TREK

See: www.trektasmania.com.au/faq/trek-gradings/ for more information about gradings.

IMPORTANT NOTES

Our 5 day Mt Anne Circuit adventure is a demanding walk, we advise you to do as much training as you can before your tour with us. The more you train for the walk the easier you will handle the terrain and the more you will enjoy this wonderful part of the world. It's also important to come along with an open mind ready for an awesome experience whatever the weather, whoever the group. It is very important that you bring the right gear for the conditions. The Tasmanian weather can be unpredictable, storms can arise very quickly and heavy rain and even snow can fall at any time of the year. Quality backpacks, sleeping bags, rain jackets, and over pants are also available for hire. If you are at all concerned about your ability to complete this walk, please contact us for more information/advice.

Note: This itinerary is subject to change with any change in community regulations as well as governmental changes and natural circumstances beyond our control.

WHAT YOU CARRY

On the Mt Anne Circuit you will need to carry all your personal equipment in a full trekking backpack that is 70-90 litres in capacity. This includes sleeping bag, inflatable sleeping mat, and a proportion of the shared tent, a proportion of the group's food and all personal items as specified in our gear list. Depending on the quality and quantity of personal gear and toiletries, your pack may weigh up to 20kg.

A comprehensive gear list is available at the end of this itinerary detailing what equipment is included in the tour cost, what items are available for hire and what you will need to bring with you.

PRE-DEPARTURE BRIEFING

A pre-trip briefing and a full gear check with your guides the afternoon before your Mt Anne trek departs will ensure you have the right mix of gear for your adventure.

Please make your way to **Find Your Feet, 107 Elizabeth Street, Hobart at 3PM the day before your trip**, bringing your pack and what you intend to bring on your trek.

DAY 1: HOBART TO HIGH CAMP HUT

Pick up from your Hobart accommodation between 7:30am and 8:00am. Our morning drive takes us west into the centre of the fabled wilds of Tasmania's South West National Park. This is the largest (6,182.67-square-kilometres) protected area forming part of the Tasmanian Wilderness World Heritage Area. We break up our approximately 3 hour bus transfer with a morning tea stop in historic New Norfolk or alternatively a bit further down the road near Mt Field National Park, Australia's second oldest protected area. Cresting Frodshams Pass, we get our first view of Lake Pedder and the vast mountain ranges encircling this lake. After a final gear check, we bid our transfer driver farewell, shoulder our packs and commence the trek up onto the Mt Eliza plateau. Elevation is gained rapidly today as we climb 600 meters over 4km up and out of button grass plains to High Camp Hut, just under the base of the sub alpine Mt Eliza plateau. The hut offers the most strategic vantage point for our first glimpse of the mighty Western Arthurs mountain range, extending itself from Mt Hesperus through to Federation Peak. We make camp for the night here before enjoying a hearty meal prepared by your remote trekking chefs extraordinaire. Alternatively we continue on to either of the shelf camp options.

Meals: Lunch, Dinner

DAY 2: MT ELIZA, HIGH SHELF/PANDANI SHELF CAMP

After packing up camp, we ascend the last section up onto the Mt Eliza plateau. This fragile environment is dominated by cushion plant communities and sub alpine herb fields. Careful foot placement is required here, not just for the florae's sake, but also due to the amazing views now opening up to the south east. We undertake a short side trip to the top of Mt Eliza (1,270m), offering us a stunning view of the future traverse across to the Notch and Mt Lot. After morning tea and a trip to the flank of Mt Eve, we sidle around to a track junction where we assess our options to set up camp for the night. This will provide the group the best and safest opportunity to summit Mt Anne (1,423m). Camp options are High Shelf Camp or Pandani Shelf Camp for the night.

Meals: Breakfast, Lunch, Dinner

DAY 3: SUMMIT MT ANNE

Today's focus is to summit Mt Anne with no time pressure. We trek across the bolder covered slopes of Mt Anne and make the final ascent to offer us 360 degree views of the entire south west of Tasmania. Mt Anne itself is made out of Dolerite rock, the dominant rock geology for many of the higher mountains in Tasmania. One of the secrets that lie underneath the mountain are the extensive Precambrian dolomite / limestone cave systems, which include one of the deepest and most treacherous cave complexes in Australia, Anna a Kananda (373m in depth). This puts a whole other dimension on the time scale and geology of this high peak! We return to camp after exploring some of the surrounding tarns and reflect on the days adventure and challenges.

Alternatively if the mountain side trip is deemed not safe or was completed on the previous day – we will either use a contingency / rest day or continue on to our next camp, the Lonely Tarns and Judds Charm on this day.

Meals: Breakfast, Lunch, Dinner

DAY 5: LONELY TARNs TO HOBART

We ascend out of our tarn-side camp this morning and trek around Mt Sarah Jane. The views here are equally incredible and varied, with the massive Weld Valley to our left. We descend off the small plateau down towards the button grass plains of the Anne River, to the south of Lake Judd. Looking up towards the circuit we can retrace each step from the angle below. We complete our adventure at a small car park on the Scott's Peak dam road, making our way back to civilisation and Hobart, for an approximately 6 pm hotel drop off.

Meals: Breakfast, Lunch

DAY 4: TO CAMP AT LONELY TARNs

Today we traverse over the northern section of the circuit, high above Lake Judd, before negotiating the tricky climb across the Notch. We continue to sidle around the exposed western flank of Mt Lot, offering expansive views of the sheer vertical cliffs of the Mt Eliza plateau to our right. This section of the trek takes us up and over Mt Lot and then down the infamous Lightning Ridge to our campsite for the night. It is not worth counting kilometres today as it's the time trekked that will be determine the day. This section of the walk is often the longest and most arduous and will take full concentration from the group. We set up camp at the Lonely Tarns.

Meals: Breakfast, Lunch, Dinner

WHAT EQUIPMENT TO BRING ON YOUR MT ANNE CIRCUIT TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Mt Anne Circuit Trek. The gear check prior to your departure from Hobart will ensure that you have covered all aspects of the required gear without over packing.

E indicates essential item of equipment

H indicates available for hire

Clothing	Equipment	
Rain jacket with storm hood attached. Must be seam sealed waterproof breathable fabric (Gore-Tex, Millair or Hydronaute). We recommend mid thigh length with full front zip opening which must have a storm flap. E, H (\$40)	Back pack 70-90L with waterproof pack liner E, H (\$40)	
Waterproof over pants (Gore-Tex, Millair or PVC coated nylon) E, H (\$20)	Waterproof nylon pack cover E	
2 Woollen/polar fleece jumpers - must be wool or synthetic fibre E	Inflatable sleeping mat - light weight E, included	
2 Long sleeve thermal tops (polypropylene, wool, polyester power dry, Daymart) E	Sleeping bag - 3 seasons down E, H (\$50)	
1 Long thermal pants (polypropylene, wool, polyester power dry, Daymart) E	Small packable day pack for those days when exploring from base camp	
2 T-shirts/Long sleeve shirts	Twin share tent E, included	
Warm trousers - must be wool or synthetic fibre	Head torch with spare batteries E	
Walking trousers	Sunglasses	
Walking shorts	Water bottles or water bladder - minimum 2 litres E	
Walking socks - 3 pairs wool or thermal E	2 Heavy weight garbage bags or dry bags for waterproof storage E	
Warm gloves or mittens E	Small pack towel	
Sun hat E	Gaiters - knee length essential for keeping mud from boots and leg protection E, included	
Balaclava or warm beanie E	We provide all catering equipment including cutlery, cups, plates, bowls E	
Underwear	Personal Toiletries and First Aid	
Swimmers	Personal toiletries (please do not bring soaps or shampoo)	
	Insect repellent cream (please do not bring spray repellent)	
Footwear	Sunscreen and lip balm E	
Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole. Ideally boots will have a waterproof lining or for full-leather have been waterproofed. They must be well worn in but not worn out. E	Personal first aid kit with tape for treating and preventing blisters and any personal medication. All this should be carried in a waterproof and knock proof container. E	
Light weight sandals, thongs, or shoes for around camp		
	Optional Equipment	
Please contact us with any questions.	Camera	
	Walking Poles H (\$20)	
	Book	