



## FLINDERS ISLAND | 7 DAYS | 68 KM

NAMED AFTER CAPTAIN MATTHEW FLINDERS WHO FIRST NAVIGATED THESE ISLANDS IN 1798, FLINDERS ISLAND IS ONE OF AUSTRALIA'S BEST KEPT WALKING HOLIDAY SECRETS.

Flinders Island is the main island of the Furneaux group, a collection of 78 islands that stretch across Bass Strait between Tasmania and mainland Australia. A true hidden gem, Flinders is 75km long and 40km wide, with a resident population of about 650 people and is blessed with pure white beaches, crystal clear turquoise waters, striking mountain peaks and ranges. Flinders Island enjoys a more moderate climate compared to its neighbours (Melbourne and Launceston) and is best enjoyed in the summer season. With a backbone of granite peaking at Strzelecki and continuing through the Darling Ranges, the island offers spectacular rugged mountain ranges, in addition to rich wide agricultural plains and stunning coastal scenery. The island has abundant native wildlife, gorgeous wild flowers and extensive stands of old growth forests.

Trek Tasmania is very excited to offer this guided walking tour, which will be led by two of our professional wilderness guides. This trek is fully vehicle supported so you only carry a day pack. Our guides love to source as much local produce as they can; our meals are a highlight of every trek. We take you to the must see places and the secret spots that no one else knows about, getting fully immersed in the wilderness heart of the island. Our Flinders Island 7 day walking holiday is about getting off track, slowing down the pace, swimming, camping and walking in a true wilderness wonderland.

## WHAT'S INCLUDED

- 2 professional wilderness guides.
- 6 nights camping.
- 6 breakfasts, 7 lunches & 6 dinners.
- All delicious snacks on the trail.
- Return flights from Launceston to Flinders Island.
- All transport on Flinders Island.
- Group camping equipment.
- National Park and camping fees.
- Entry to Furneaux Museum.
- Tent twin share, sleeping bag, sleeping mat.
- Beach fishing equipment.
- Emergency communications & group first aid kit.
- Alcohol can be purchased on the island.
- Wet weather gear and other walking accessories can be hired at great prices.

## NOTE

As the flight to Flinders Island with Sharp Airlines is in a small plane there is a strict baggage allowance - allowance is 15kg checked baggage, 6kg maximum hand luggage (this will be weighed and checked). Excess baggage fees will be charged for weights over 15kg up to a maximum of 21kg (at the cost of guests). There is no guarantee that excess luggage will be included on the flight and may be moved to the next available flight.

## TREK GRADING : MODERATE TREK

See: [www.trektasmania.com.au/faq/trek-gradings/](http://www.trektasmania.com.au/faq/trek-gradings/) for more information about gradings

## IMPORTANT NOTES

Our 7 day Flinders Island adventure is a demanding walk. There are many off track sections with no marked trails, we advise you to do as much training as you can before your tour with us. The more you train for the walk the easier you will handle the terrain and the more you will enjoy this wonderful part of the world. It's also important to come along with an open mind, ready for an awesome experience whatever the weather, whoever the group. It is very important that you bring the right gear for the conditions. The Tasmanian weather can be unpredictable, storms and very strong winds can arise very quickly and heavy rain can fall at any time of the year. Quality rain jackets and over pants are available for hire. If you are at all concerned about your ability to complete this walk, please contact us for more information/advice.

Note: This itinerary is subject to change with any change in community regulations as well as governmental changes and natural circumstances beyond our control.

## DAY 1: FLY LAUNCESTON TO FLINDERS ISLAND, WALK NORTH EAST RIVER

Pick up from Launceston hotels between 6am and 6:30am. transfer to airport. Fly Launceston to Flinders Island. Short vehicle transfer to Palana and walk along the spectacular north east tip of Flinders Island into our bush camp at North East River. We camp tonight in a secluded bush setting, enjoying our own beautiful sandy beach and crystal clear water.

13kms  
Meals: Lunch, Dinner

## DAY 2: WALK KILLIECRANKIE COAST TO THE DOCKS

Transfer from North East River to the township of Killiecrankie. Walk along the spectacular Killiecrankie Coast to the Docks. Following a full day hiking the rugged and secluded headlands of the north west of Flinders Island, we return to our camp at North East River. Tonight we enjoy another spectacular sunset, lovely warm campfire and another delicious island focused meal.

11kms + exploring  
Meals: Breakfast, Lunch, Dinner

## DAY 4: HISTORIC WYBALENNA, BEACH WALK TO CASTLE ROCK

We move camp today. This morning we explore the fascinating Furneaux Museum before transferring a short distance to the historic site of Wybalenna. Enjoying a walk around this very important Tasmanian Aboriginal site, affords us the opportunity to learn more about the history of Flinders Island. There is a chance for a swim in one of the many secret sandy coves, while your guides prepare another hearty lunch for you. In the afternoon we enjoy a beach walk to one of the islands icons - Castle Rock, before transferring to another idyllic Flinders Island beach camp.

10kms  
Meals: Breakfast, Lunch, Dinner

## DAY 6: CLIMB MT STRZELECKI

Climbing Flinders Island's highest peak, Mount Strzelecki (756 metres) is a wonderful challenge and rewards us with unsurpassed views of the entire Furneaux Island group, and even the distant peaks of mainland Tasmania. It's a full day to summit this giant granite outcrop treating us to sweeping panoramic views of the island; a magnificent reward for a challenging trek. After a full day of adventure we head back to camp for a swim and another delicious fresh island dinner.

6kms  
Meals: Breakfast, Lunch, Dinner

## DAY 3: CLIMB MT KILLIECRANKIE

Transferring from North East River we climb Mount Killiecrankie (310 metres) where we are treated to panoramic vistas of Bass Strait and the surrounding mountains and ranges. A beautiful fresh lunch on the beach and a chance to fossick for Killiecrankie diamonds! This afternoon we have time to relax at camp, go beach fishing, discover some local water birds, have a swim, read a book or have a nap in our peaceful surroundings.

8kms + exploring  
Meals: Breakfast, Lunch, Dinner

## DAY 5: CLIMB PILLINGERS PEAK, BEACH WALK ADELAIDE BAY

Transferring to the Darling Ranges we summit the precipitous Pillingers Peak (known to locals as the Eiger) and are rewarded with incredible 360 degree vistas of the island. A short stop at the appropriately named Walker's Lookout affords us stunning views of the Darling Ranges and across the island. In the afternoon we visit the Lady Barron region for a chance to sample some local wine, and enjoy a beach walk in the Adelaide Bay area.

10kms  
Meals: Breakfast, Lunch, Dinner

## DAY 7: WALK STRZELECKI COAST, RETURN TO LAUNCESTON

Our final day on Flinders Island. We enjoy a spectacular walk along the Strzelecki Coast, exploring the many secluded coves, beaches, magnificent red lichen covered rocks and crystal clear turquoise waters. It is a fitting way to end a journey to one of the hidden wonders of Australia. Fly from Flinders Island back to Launceston arriving approximately 4.30pm.

10kms  
Meals: Breakfast, Lunch

# WHAT EQUIPMENT TO BRING ON YOUR FLINDERS ISLAND TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Flinders Island Trek.

**E** indicates essential item of equipment

**H** indicates available for hire

Clothing	Equipment	
Rain jacket with storm hood attached. Must be seam sealed waterproof breathable fabric (Gore-Tex, Millair or Hydronaute). We recommend mid thigh length with full front zip opening which must have a storm flap. <b>E, H (\$40)</b>	Day pack with waist harness <b>E</b>	
Waterproof over pants (Gore-Tex, Millair or PVC coated nylon) <b>E, H (\$20)</b>	Sleeping bag rated to 3 seasons (we provide). <b>E</b>	
1 Woollen/polar fleece jumper - must be wool or synthetic fibre <b>E</b>	Sleeping inner sheet for extra warmth and keeping your sleeping bag clean. Also suitable for warmer nights when your sleeping bag is adequate as a blanket (we provide).	
2 Long sleeve thermal tops (polypropylene, wool, polyester power dry, Daymart) <b>E</b>	Head torch with spare batteries <b>E</b>	
1 Long thermal pants (polypropylene, wool, polyester power dry, Daymart) <b>E</b>	Sunglasses	
2 T-shirts/Long sleeve shirts	Water bottles or water bladder - minimum 3 litres <b>E</b>	
Warm trousers - wool or synthetic fibre	Swimmers and Towel	
Walking trousers (not jeans)	Gaiters <b>E</b>	
Walking shorts		
Walking socks - wool or thermal <b>E</b>	<b>Personal Toiletries and First Aid</b>	
Warm gloves or mittens <b>E</b>	Personal toiletries	
Sun hat <b>E</b>	Insect repellent cream (please do not bring spray repellent)	
Balaclava or warm beanie <b>E</b>	Sunscreen and lip balm <b>E</b>	
Underwear	Personal first aid kit with tape for treating and preventing blisters and any personal medication.	
<b>Footwear</b>	<b>Optional Equipment</b>	
Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole. Ideally boots will have a waterproof lining or for full-leather have been waterproofed. They must be well worn in but not worn out. <b>E</b>	Camera	
Sandals with straps or shoes for the end of the day.	Book	
	Walking Poles <b>H (\$20)</b>	
<b>Please contact us with any questions.</b>	Binoculars	